

# FACT SHEET

## 2025 Hill Country Community Health Needs Assessment: Blanco

Produced by

**Health Collaborative**  
Bexar County's **Community** Health Leadership



### KEY MESSAGE

Blanco is a growing, affluent community with a large working-age population, yet it faces significant public safety and health challenges.

Key concerns include alcohol-related crashes, family violence, injury hospitalizations among older adults, and youth mental health hospitalizations.

The 2025 Community Health Needs Assessment shows that economic prosperity does not eliminate the need to address these critical health and social issues.

### DATA HIGHLIGHTS



#### Population Overview

- Nearly 6 in 10 residents of Blanco County are working-age adults (18–64) – second only to the Comfort area.



#### Housing & Economic Stability

- The county has the highest median household income among assessment counties at approximately \$88,000, about one-third higher than the median income in Llano, Gillespie, and Mason counties.
- Along with Mason County, Blanco has experienced the fastest population growth in recent years.
- Excluding the Comfort area (a ZIP code, not a county), Blanco has the lowest rate of residents who both live and work within the county.
- Many Blanco jobs are filled by residents of other counties, while many Blanco residents commute out for work.



#### CRITICAL ISSUES

##### HEALTH DRIVERS

- Access to healthy fresh food
- Access to quality medical care
- Childhood immunizations

##### HEALTH OUTCOMES

- Mental health
- Alcohol abuse
- Chronic pain
- Safety while driving
- Heart disease, stroke, hypertension



#### Safety & Well-Being

- Alcohol-Related Concerns:
  - In 2021, Blanco County recorded a very high rate of alcohol-related motor vehicle crashes—2.5 times the area-wide average.
  - Although that rate has since declined, Blanco was the only county where residents ranked “being and feeling safe while driving” among their top three health and well-being priorities.
  - Survey respondents also identified alcohol abuse as a major health concern affecting themselves or loved ones.
- Violence & Safety:
  - Blanco had the highest violent crime rate in four of the past five years, though it has fallen by more than half since peaking in 2021; the same trend holds for sexual assault.
  - Family violence has nearly tripled since 2019, now ranking as the second-highest among assessment counties.
  - Blanco also ranks second only to Llano County in both family violence rate and injury hospitalizations among older adults.
- Mental Health & Youth:
  - Hospitalizations for mental illness among youth under 18 are the second-highest among the assessment counties. However, among Hispanic youth, that rate is second-lowest in the region.

Source: 2025 Hill Country CHNA (The Health Collaborative, Create Healthy, CINow)

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