

FACT SHEET

2025 Hill Country Community Health Needs Assessment: Comfort

Produced by

Health Collaborative
Bexar County's **Community Health Leadership**



KEY MESSAGE

Comfort is the youngest, most diverse, and economically stable of the assessment counties. Yet, the 2025 Community Health Needs Assessment highlights some problem areas: higher COVID-19 and asthma hospitalizations among older adults and elevated youth injury rates.

Although mental illness and substance abuse reports are low, there are opportunities to strengthen emergency services, youth engagement, and preventive health efforts to support overall community well-being.

DATA HIGHLIGHTS



Population Overview

- Kendall County is the only assessment county where the number of residents under 18 exceeds those aged 65 or older, even though older people make up 21% of the population.
- The county has the highest share of working-age adults (18-64) at 61%
- The Comfort area is the most racially and ethnically diverse among the assessment counties
- 30% of residents identify as Hispanic, multiracial, or a race other than white



Housing & Economic Stability

- Comfort shows strong residential stability, with only 6% of population not living in the same house as last year



Community Health

- Comfort has the highest rates of COVID-19 hospitalizations among both youth and older adults.
- Among Hispanic residents, the COVID-19 hospitalization rate is nearly double that of Hispanic residents in Gillespie and Blanco counties.
- The area also reports higher asthma hospitalization rates, which are unusually driven by older adults rather than children.
- Comfort has the lowest hospitalization rates for mental illness and drug poisoning across all age groups.
- It reports the highest rate of injury-related hospitalizations among youth. This finding is puzzling, as Comfort shows low rates of child abuse, elder abuse, and alcohol-related crashes.



Community Perspective

- Focus group participants highlighted concerns about a shortage of emergency services and grandparents raising grandchildren.
- Survey respondents also pointed to a lack of activities for teens and young adults, which may relate to local youth injury trends and wellbeing.



CRITICAL ISSUES

HEALTH DRIVERS

- Access to healthy fresh food
- Green & safe spaces
- Access to quality medical care
- Teen recreational activities

HEALTH OUTCOMES

- Mental health
- Chronic pain
- Diabetes

Source: 2025 Hill Country CHNA (The Health Collaborative, Create Healthy, CInow)

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REPORT
SCAN HERE:**



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