

Friends of Create Healthy,

It has been an exciting start to the year at Create Healthy, and I'm grateful for the momentum we are seeing across our work in the Hill Country.

This year has brought several important updates for our organization. We recently welcomed **two new members to the Create Healthy Board and a new board chair**. Strong, thoughtful leadership helps ensure that our investments and initiatives continue to reflect the priorities of the communities we serve.

Our board also approved the addition of a **new strategic funding priority: food security**. This focus emerged directly from conversations with community members during the 2025 Community Summit, where access to healthy food was identified as a critical factor in supporting long-term health.

We are also **continuing to support local organizations and individuals** through a range of initiatives, scholarships, sponsorships, grants, and opportunities that strengthen community health and expand access to resources across the Hill Country.

Thank you for staying engaged with Create Healthy and for being part of this work. **I invite you to explore our newsletter to learn more about what's happening across our programs and partnerships. Additionally, scan the codes on the right to see the latest on our investments, news, and initiatives.**



Yours in good health,
Jayne Pope, RN, MBA
Create Healthy CEO

Impact Update

Fuel to the Fire



Create Healthy extends its sincere thanks to the individuals, nonprofit leaders, and community members who made Fuel to the Fire possible. **Through the initiative, Create Healthy awarded \$270,000 in matching funds to 10 nonprofit organizations** serving Gillespie, Llano, and Mason Counties and Comfort.



Get the Latest Updates

Scan the codes below to learn more about Create Healthy's investments, news, & initiatives.



RECENT COMMUNITY INVESTMENTS



WELLNESS CENTER EXPANSION



IMPACT UPDATES AND NEWS



Scholarships for High School & College Healthcare Learners Now Open

Create Healthy is now accepting applications for its 2026 Student Scholarship Program. If you know a graduating high school senior or a current college student from the Hill Country pursuing a college, university, trade school, or certificate program in healthcare, we encourage you to share this opportunity with them. **Deadline to apply is March 31.**

Create Healthy also offers scholarships to Adult Learners year-round.

LEARN MORE & APPLY



Volunteer Appreciation Week Sponsorships Are Back!

Volunteers are the driving force behind so many impactful programs in our communities. We're launching this special initiative to help local nonprofits honor their volunteers during National Volunteer Appreciation Week, April 19-25, 2026. If your organization is making a difference in our communities, we invite you to apply for funding to support volunteer appreciation activities.

LEARN MORE & APPLY



Wellness Center: 32nd Annual 2026 Wildflower Run + Walk



Saturday, April 25, 2026 | 5k | 10k

Support our community and participate in the Create Healthy Wellness Center's 32nd annual 5k and 10k through a scenic course around Fredericksburg. The course begins and ends at Markt Platz downtown where parking and restrooms are available.

LEARN MORE & REGISTER



Hill Country Resources Directory



Hill Country Resources is a free, local directory to find help with food, shelter, family support, and mental health support. The site is anonymous and is available in both Spanish and English.

ACCESS RESOURCES



2nd Quarter Grant Applications

Next Deadline: April 1

Nonprofits in the Hill Country supporting healthy living, health education, early childhood development, food security, and mental health are encouraged to apply.



LEARN MORE & APPLY

