

Friends of Create Healthy,

This month, we are pleased to share several updates that reflect Create Healthy's continued investment in the people, programs, and partnerships strengthening health and well-being across the Hill Country.

First, Create Healthy has released our 2025 Community Report, which offers a look back at our investments and community partnerships from the past year. The report reflects the shared commitment that continues to guide our work: supporting a Hill Country where all can contribute and thrive.

That work continues in 2026. Create Healthy recently awarded \$359,000 in new grants to support nonprofit projects focused on mental health, early childhood development, and healthy living. These investments will help expand access to counseling services, youth programming, healthcare services, and recreation opportunities for children and adults across the Hill Country.

We also continue to invest in education as a driver of long-term health and to build our local healthcare workforce. Through the 2026 Student Scholarship Program, Create Healthy selected 29 area high school and college students to receive \$145,000 in healthcare scholarships. These students are pursuing nursing, allied health, behavioral health, public health, and other healthcare-related fields that are critical to the future of care in our communities. Create Healthy's Adult Learner Scholarship is another part of that same effort. Jennifer Willard, the program's first recipient, is a Gillespie County resident and nursing student whose story reflects the determination of adult learners working to advance their education while balancing work, family, and service.

Thank you for staying connected to Create Healthy and to the many partners, students, volunteers, and community leaders helping build a healthier Hill Country.



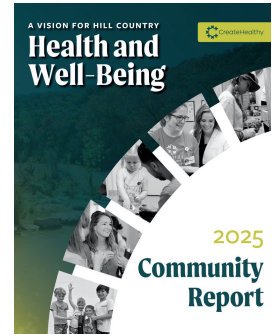
Yours in good health,
Jayne Pope, RN, MBA
Create Healthy CEO

Updates

Community Report

Create Healthy has released its 2025 Community Report covering our investments last year in the health and well-being of the Texas Hill Country.

The report details \$7.2 million in grants, sponsorships, scholarships, and other philanthropic giving across Gillespie, Blanco, Llano, and Mason counties, and the town of Comfort.



Scan to read the full report.

Hill Country Nonprofit Leadership Development

Sixteen Create Healthy funded partners graduated from Gonzaga University's Leadership Development Program for Nonprofit Capacity Building.



Get the Latest Updates

Scan the codes below to learn more about Create Healthy's investments, news, & initiatives.



RECENT COMMUNITY INVESTMENTS



IMPACT UPDATES AND NEWS



Grantee Spotlight: Texas Ramp Project

For people with mobility challenges, safe access in and out of their home can affect everything from attending medical appointments to staying connected with family, friends, and the community.

That is why Create Healthy supports the Texas Ramp Project, an organization that builds free wheelchair ramps for low-income older adults and people with disabilities.

READ THE FULL SPOTLIGHT



Wellness Center: Swimming, Playing, & Getting Fit This Summer!

- Summer Aquatics: Create Healthy Wellness Center is partnering with the City of Fredericksburg to offer summer aquatic fitness classes at Lady Bird Park Pool.
- Fit Kids Sports & Fitness Camps: Our popular camps are back this summer so children ages 5 to 12 can have a safe, active, and engaging way to spend summer break.
- InBody Testing: We've introduced InBody Testing for members and non-members to get an in-depth look at key measurements that can help guide health, fitness, and nutrition goals.

LEARN MORE & REGISTER



Adult Learners Scholarships

Applications are open for the Create Healthy Adult Learners Scholarship, designed to support working adults who want to take on a new healthcare career or advance in their existing healthcare career.



LEARN MORE & APPLY



Hill Country Resources Directory



Hill Country Resources is a free, local directory to find help with food, shelter, family support, and mental health support. The site is anonymous and is available in both Spanish and English.

ACCESS RESOURCES



Grant Applications

Next Deadline: October 1

Nonprofits in the Hill Country supporting healthy living, health education, early childhood development, food security, and mental health are encouraged to apply.



LEARN MORE & APPLY

